



Tracy Goodlesky, 39, said the experience brought to life that grape stomping episode from I Love Lucy.

"It was fun, I would do it again," she said. "Lucille Ball did it — I saw the reruns."

Cleaning up and getting back into her shoes wasn't an issue, either, she said.

"(The grape skins) pretty much came off because my feet were so wet," she said.

### robat Reader 5.0

John Jonna, Vinoteca's wine educator and Kristin Jonna's father, said crushing grapes is a centuries-old tradition of making wine rarely practiced anymore, with the exception of wineries in [Portugal](#) and Spain.

"We do it to let people remember the tradition of centuries ago, the method of crushing grapes with your feet," John Jonna said. "Your feet are soft, don't break the seeds. The temperature of your body, because we're 98 degrees, helps the fermentation."

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