

Toast Birmingham restaurant review

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Toast Birmingham celebrated its one year anniversary this past October. Thom Bloom, co-owner, hired a new chef (Executive Chef Jeff Rose) in July who has gradually been changing out the menu... 1-2 items on the dinner menu, then 1 or 2 on the lunch menu, etc. so as to not shock customers and the staff. Chef Jeff has kept some classics/favorites and now the new menu has been announced. I visited a media tasting and was thoroughly impressed with the atmosphere, food, and drinks. Wow! The drinks! I tried all kinds and they were all good! 😊 Toast is the perfect place for an after work get together to unwind with some great finger foods and some drinks that will have you forgetting about the bad week you had.



The atmosphere is very modern, romantic, beautifully decorated and just plain fun. Casual enough for families, and a great match for the perfect date night. It's the type of place that is surrounded with an ambiance that lifts your mood!

Toast serves breakfast, lunch and dinner. One other positive point that I must mention (because I LOVE it) - All of the poultry, beef and pork served at Toast is *Certified AllNatural* and are free of hormones, antibiotics and steroids!

Here are the foods that were served at the media event, along with some input from me 😊:

Crispy black truffle risotto balls - The Italian in me loved these! I could make a meal out of them! These round deep fried balls are easy to pop into your mouth, so you could put away quite a few pretty quick!:



Crispy shrimp

Crispy Shrimp - strangely delicious! Or is that "strange and delicious?" Imagine a sheet of fillo dough shredded in a meat grinder, wrapped around a shrimp and deep fried. Then top it with a tomato ginger sauce. Sounds wild, doesn't it? It's exactly what they did. Hats off to the creativity and a definite success on my YUM factor! Pretty to look at, even more fun to eat (and a little messy too!)

Wild mushroom pastry - another oh so good treat. The presentation was amazing and it tasted even better. Wild mushrooms diced and served in a parmesan cream sauce on a pastry.

Smoked salmon with yuzu vinaigrette - I have never liked any smoked salmon I've tried. Obviously I've never had it where it's been done right. I don't know what "yuzu" is, but it was awesome - Unique and so good.

Carnita chicken taco - I was not a big fan of the chicken taco. I can't put my finger on it exactly, but maybe it was just too unique and not simple enough for me.



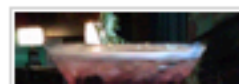
Mushroom pastry

Here are some of the unique drinks that they have on the menu:

Polar Bear - I literally licked the glass clean. It was totally worth it since there was a huge blob of chocolatey goodness melted at the bottom!

Blueberry margherita - a beautiful violet blue color, filled with blueberries, and surprisingly good.

Strawberry basil martini - who would have thought these two things go together? This was an amazing combination



Toast Birmingham

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