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Asian Layered Salad with Ginger Lime Dressing

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Get this recipe courtesy of the Jolly Pumpkin. Visit them online at www.jollypumpkin.com .

Serves 4

Ingredients

- 3 cups Nappa Cabbage- thinly sliced
- 1/2 European cucumber- seeded and thinly sliced
- 1 Carrot- peeled and julienned
- 1/2 Diakon (Japanese Radish)- peeled and julienned
- 3 Scallions- cleaned and thinly sliced
- 1/4 cup Fresh Mint Leaves
- 1/4 cup Fresh Cilantro Leaves
- 1 Tub Extra Firm Tofu- drained and cut into cubes
- 1/4 cup cashews
- 1 tbs. Black Sesame Seed- optional for garnish

1- 1 lb. package Rice Noodles- cooked according to package directions

FOR GINGER LIME VINAIGRETTE

- 2/3 cup lime juice-fresh
- 1/3 cup rice wine vinegar
- 2 tablespoon honey
- 4 tablespoons fresh ginger- peeled and grated
- 1 cup canola oil

1. In a mixing bowl combine all ingredients except the canola oil
2. Whisk the canola oil into the lime juice/vinegar mixture in a slow steady stream. continue whisking until emulsified.

TO SERVE:

in a bowl large enough to hold the vegetables. combine the vegetables, mint, cilantro and sesame seeds. toss with 1/3 of the ginger lime dressing. season with salt and pepper to taste. place 1/2 of the vegetable mixture on 4 plates or pasta bowls.

Toss the rice noodles with 1/3 of vinaigrette season with salt and pepper. Divide the rice noodles among the 4 serving plates. Top the rice noodles with remaining vegetables.

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